

# WALKING CRICKET

*It's a great opportunity to:*

**MEET NEW FRIENDS AND SOCIALISE!  
GAIN BENEFITS OF PHYSICAL ACTIVITY!**

**TAKE PART IN SOMETHING SAFE AND FUN!  
TRY SOMETHING NEW AND HIT A SIX!**

**STARTS  
TUESDAY 26TH  
OCTOBER  
3PM - 4:30PM  
FEMALE ONLY  
GROUP**

- Coaches are to be provided by Leicestershire County Cricket Club
- Starts Tuesday 26th October 15:00 - 16:30 at The Morningside Arena, Leicester, LE1 3UD
- There is free parking available on site.
- Sessions will cost £2 a session.
- You have to be aged over 50 years to participate
- Spaces are limited so will be accepted on a first come, first come basis.
- Anyone wanting to participate to call Shilly Pancholi 07824 127953

  
**LEICESTERSHIRE  
COUNTY CRICKET CLUB**

IN THE COMMUNITY

**Leicester**  
Changing Diabetes