



- Ulverscroft Road, Leicester, LE4 6BY
- Tel: 0116 2628560
- Email: leicester@shreeprajapati.org.uk
- Web: www.shreeprajapati.org.uk

# 2024 *Happy New Year*

*May the lamps of Joy illuminate your world  
and bring you health wealth and prosperity  
in the New Year*



# The Diary of Events: 2024

(SPAL SITE is CLOSED: From 23rd December 2023 through to 3rd January 2024)

## SPAL - Diary of Events and Major Religious Festivals - 2024

DAY	DATE	EVENT	FROM	TO
JANUARY 2024				
Monday	8th January	Trustee Meeting	7:30 pm	9:30 pm
Saturday	13th January	Makar Sankrant Bhajan	6:30 pm	9:30 pm
FEBRUARY 2024				
Monday	5th February	Trustee Meeting	7:30 pm	9:30 pm
Saturday	24th February	Shree Vishwakarma Jayanti	6:30 pm	9:30 pm
Monday	26th February	Members Meeting	7:30 pm	9:30 pm
MARCH 2024				
Monday	4th March	Trustee Meeting	7:30 pm	9:30 pm
Friday	8th March	Maha Shivratri	5:30 pm	9:30 pm
APRIL 2024				
Monday	8th April	Trustee Meeting	7:30 pm	9:30 pm
Wednesday	17th April	Ram Navmi	5:30 pm	9:30 pm
Saturday	27th April	Hanuman Jayanti	2:00 pm	10:00 pm
MAY 2024				
Sunday	12th May	Shree Bhuneswari Rudhra Abhishek	8:30 am	3:00 pm
Monday	13th May	Trustee Meeting	7:30 pm	9:30 pm
Monday	20th May	Members Meeting	7:30 pm	9:30 pm
JUNE 2024				
Monday	3rd June	Trustee Meeting	7:30 pm	9:30 pm
Sunday	9th June	SPAL AGM	4:00 pm	8:00 pm
Friday	21st June	International Yoga Day	5:30 pm	9:00 pm
The following dates are set by the current board of Trustees - they may be subject to change following the AGM in June 2024.				
JULY 2024				
Monday	1st July	Trustee Meeting	7:30 pm	9:30 pm
Saturday	20th July	Guru Purnima Bhajan	6:30 pm	9:30 pm
AUGUST 2024				
Monday	5th August	Trustee Meeting	7:30 pm	9:30 pm
Wednesday	14th August	Nori Nem	5:30 pm	9:00 pm
Sunday	18th August	Shree Satya Narayan Bhagwan Samuh Katha	8.30 am	3.00 pm
Monday	26th August	Janmashtami	5.30 pm	9:30 pm

Please check our Facebook page or website for the most up to date information.

## SPAL - Diary of Events and Major Religious Festivals - 2024

DAY	DATE	EVENT	FROM	TO
SEPTEMBER 2024				
Monday	2nd September	Trustee Meeting	7:30 pm	9:30 pm
Wednesday	4th September	Ganpati Choth	6:00 pm	9:30 pm
Saturday	28th September	Sarva Pitru Shradh	6:30 pm	9:30 pm
Monday	30th September	Trustee Meeting	7:30 pm	9:30 pm
OCTOBER 2024				
Tuesday	1st October	Set up Main Hall for Navratri	7:00 pm	9:00 pm
Wednesday	2nd October	Set up Main Hall for Navratri	7:00 pm	9:00 pm
Thursday	3rd October	Navratri Gatstaphan + (Navratri Day 1)	5:30 pm	Till Late
Friday	4th October	Navratri (Day 2)	7:00 pm	Till Late
Saturday	5th October	Navratri (Day 3)	7:00 pm	Till Late
Sunday	6th October	Navratri (Day 4)	7:00 pm	Till Late
Monday	7th October	Navratri (Day 5)	7:00 pm	Till Late
Tuesday	8th October	Navratri (Day 6)	7:00 pm	Till Late
Wednesday	9th October	Navratri (Day 7)	7:00 pm	Till Late
Thursday	10th October	Navratri (Day 8)	7:00 pm	Till Late
Friday	11th October	Navratri (Day 9)	7:00 pm	Till Late
Saturday	12th October	Preparation for Mataji's Havan	2:00 pm	6:00 pm
Sunday	13th October	MATAJI'S HAVAN	8:30 am	3:00 pm
NOVEMBER 2024				
Saturday	2nd November	Nutan Varsh - Sneh Milan (Aarti at 10:30am)	10:00 am	11:00 am
Monday	4th November	Trustee Meeting	7:30 pm	9:30 pm
Saturday	9th November	Jalaram Jayanti and Ankoot	9:00 am	3:00 pm
DECEMBER 2024				
Monday	2nd December	Trustee Meeting	7:30pm	9:30 pm

(SPAL site is CLOSED: From 23rd December 2024 through to 3rd January 2025)

### IN THIS EDITION

SPAL 2024 Diary of Events and Major Religious Festivals  
 Message from the President  
 Message from the Secretary  
 Members Supporting Our Community  
 Regular Activities  
 International Trust Fund (SPA ITF)  
 Activity and Events Reports  
 SPAL Memories  
 Social Media and On Site Info  
 Board of Trustees

EDITOR: VINODBHAI G MISTRY  
 GRAPHIC DESIGN: NIMA MISTRY  
 GUJARATI TEXT: MANHARBHAI MISTRY  
 PRINTERS: EVOLUTION PRINT AND DESIGN LTD.

THANK YOU TO ALL TRUSTEES AND MEMBERS  
 WHO PROVIDED ARTICLES AND PHOTOS.



## Message from the President: *Kantibhai D Mistry*

### Jai Shree Krishna to all our members

On behalf of all the trustees and volunteers, I would like to extend my warm wishes for a happy and prosperous New Year ahead. I am truly grateful for your support and trust in re-electing me as the President to serve the Shree Prajapati Association Leicester (SPAL) for the term 2023/2024 (held on 11th June 2023 AGM).

I am delighted to share the remarkable achievement by our dedicated team of trustees, trustee assistants, and our hardworking volunteers throughout the year. In January 2023, after more than two decades when first discussed, we started senior monthly activities. Then, in April, we launched the Suthar workshop to rejuvenate our roots in carpentry.

We also undertook significant renovations to our main hall roof, ensuring that it was ready just in time for the major hall hire period during Aadhi and Shravan maas for religious katha's, these achievements are evidence of dedication and hard work of our team and the support of our community.

Let us continue to work together to make SPAL an even more energetic and successful association in the coming year. Your contributions and support are greatly appreciated, and I am excited about the opportunities that lie ahead for our community.

Jai Shree Krishna and best wishes for a wonderful year ahead.

Sincerely,

Kantibhai D Mistry  
President, Shree Prajapati Association  
Leicester (SPAL)



SPAL site was host to a number of revered and distinguished religious and spiritual leaders from India.





આપણા સમાજના સર્વ સભ્યોને જય શ્રીકૃષ્ણ.

તમામ ટ્રસ્ટીઓ અને સ્વયંસેવકો વતી આગામી નૂતનવર્ષના પ્રસંગે સુખદ અને સમૃદ્ધિ ભર્યા જીવન માટે હાર્દિક શુભેચ્છા પાઠવું છું. ૧૧ જુન ૨૦૨૩ના રોજ યોજાએલી વાર્ષિક સામાન્ય સભામાં શ્રી પ્રજાપતિ એસોસિએશન લેસ્ટર ની સેવા કરવા માટે મને ફરીથી પ્રમુખ તરીકે ચૂંટવામાં તમારા તરફથી મળેલા સમર્થન અને વિશ્વાસ માટે હું ખરેખર આભારી છું.

ટ્રસ્ટીઓ, તેમના સહાયકો અને અમારા મહેનતુ સ્વયંસેવકોની બનેલી સેવા સર્મિપિત ટીમ દ્વારા મળેલી નોંધપાત્ર સિધ્ધિને આપ સમક્ષ જણાવતા આનંદ થાય છે. બે દાયકાથી વધુ સમય પછી શરુ થએલી આ પ્રવૃત્તિમાં જાન્યુઆરી ૨૦૨૩ થી વરિષ્ઠ સભ્યો ( સિનિયર સિટીજન) માટે 'લંચ ક્લબ' શરુ કરવામાં આવી છે. અને ત્યારબાદ એપ્રિલ ૨૦૨૩થી સુથાર વર્કશોપ શરુ કરવામાં આવી છે. આશા છે કે આ વર્કશોપનો લાભ લઈ સમાજના સભ્યો અને યુવાનો આપણા બાપ- દાદાની કળાકારીગરીને નવજીવન આપશે. આ બન્ને પ્રવૃત્તિઓને આપના તરફથી ઉત્તમ સહકાર મળી રહ્યો છે.

વર્ષ દરમ્યાન આપણા મુખ્ય હાલની છતનું નવીનીકરણ હાથ ધરવામાં આવ્યું હતું જેથી મુખ્ય હોલ ભાડે આપવાના વ્યસ્ત સમય પહેલા એ તૈયાર થઈ જાય. આપણે અધિક અને શ્રાવણ માસ દરમ્યાન ધાર્મિક કાર્યક્રમો માટે હોલને ભાડે આપી શક્યા છીએ. આનું શ્રેય પણ અમારી સેવા સર્મિપિત ટીમને જ મળે છે.

આવો આપણે આગામી વર્ષમાં શ્રી પ્રજાપતિ સમાજને વધુ શક્તિશાળી અને સફળ સંસ્થા બનાવવા સાથે મળી કામ કરીએ. તમારા યોગદાન અને સહકારની અમે ખૂબ પ્રશંસા કરીએ છીએ અને આપણા સમાજ માટે આવનારી તકો અંગે અમે ખૂબ જ ઉત્સાહિત છીએ.

ફરીથી આપને જયશ્રી કૃષ્ણ અને આગામી વર્ષ સર્વને માટે અદ્ભુત બની રહે એવી શુભેચ્છા.

ક્રાંતિભાઈ ડી. મિસ્ત્રી,

પ્રમુખ, શ્રી પ્રજાપતિ સમાજ, લેસ્ટર



## Main Hall Roof

In 2023 we had a significant expense. We decided to have the whole main hall roof refurbished as ongoing repairs were getting expensive. Additional insulation and a second layer of roofing panels were installed on top of the existing roof, same as Prathna Hall roof. The works comes with a 25 year guarantee.



## Message from the Secretaries *Vinodbhai, Kalpanaben and Shardaben*

### Namaste All Members,

What an amazing year! 2023 has seen more and more members supporting all our events, it feels like we are returning to what it was like Pre-COVID. We hope all members continue to support and participate in all our future events.

I would like to welcome all new members that have moved from other towns, cities and some from other countries who have moved to Leicester and joined our Samaj family.

As we move forward, the secretary team is working to help improve how we do things when it comes to record keeping and more importantly how we communicate and distribute fliers and newsletters to our members. Over time the cost of printing newsletters and distributing them (posting) to members living outside the Leicester area has increased. We want to encourage all members that would like an electronic

copy of our newsletter and the SPA Sandesh, instead of paper to please provide us with your email address.

We would like to continue to ask our younger members to come and join the Trustees team and help us improve and bring new ideas. It is always encouraging to see so many younger members help out during Navratri (especially during Parsad and 108 Aarti) and also during Mataji Havan to serve food. We encourage all younger members to join the Trustees team and change the Samaj to how you would like it run and organise events in the future.

Thank you to all the Trustees and volunteers for your dedication, time and help over the years.

Vinodbhai, Kalpanaben and Shardaben  
SPAL Secretaries 2023/2024

### સેક્રેટરી અહેવાલ

સર્વ સભ્યોને અમારા પ્રણામ,

૨૦૨૩નું વર્ષ અદ્ભુત રહ્યું, કેમકે વધુને વધુ સભ્યો અમારા તમામ ઈવેન્ટસને સહકાર આપતા જોવા મળ્યા છે. એવું લાગે છે કે અમે કોવિડ પહેલાની જેમજ પાછા કાર્યરત થઈ ગયા છીએ. અને આશા રાખીએ છીએ કે આપ સર્વ અમને ભાવી કાર્યક્રમોમાં પણ ઉત્સાહભરે ભાગ લઈ સહકાર આપતા રહેશો.

અન્ય નગરો, શહેરો અને કેટલાંક બીજા દેશોમાંથી સ્થળાંતર કરીને લેસ્ટરમાં આપણા સમાજના પરિવારમાં જોડાયા છે તે તમામ નવા સભ્યોનું અમે સ્વાગત કરીએ છીએ.

જેમ જેમ આપણે આગળ વધીએ છીએ તેમ તેમ સેક્રેટરી ટીમને સમાજના સભ્યોના રેકૉર્ડને વ્યવસ્થિત અને સુરક્ષિત રાખવાનું ખૂબ જ જરૂરી બની રહે છે. અમે એ માટે કામ કરી રહ્યા છીએ. આ કામ સાથે અમને સભ્યોને ન્યુઝલેટર અને બીજી પત્રિકાઓ વિતરણ કરવામાં સરળતા રહેશે. ધીરે ધીરે પત્રિકાઓના વિતરણનો પોસ્ટીંગ ખર્ચ વધી રહ્યો છે. એટલે અમે તમામ સભ્યોને પ્રોત્સાહિત કરીએ છીએ કે તેઓ ઈલેક્ટ્રોનિક કોપી માટે અમને તેમનો ઈમેલ એડ્રેસ આપે.

અમે અમારા યુવા સભ્યોને ટ્રસ્ટીની ટીમમાં જોડાવા અને અમારી સેવાને સુધારી નવા વિચારો અને નવી પ્રવૃત્તિ સાથે આપણા સભ્યોને ઉત્તમ સેવા આપવા પ્રોત્સાહિત કરીએ છીએ. નવરાત્રિ દરમિયાન પ્રસાદના વિતરણ અને ૧૦૮ આરતિની વ્યવસ્થા માટે તેમજ માતાજીના હવનના દિવસે ભોજન પ્રસાદની વ્યવસ્થા માં યુવા વર્ગને ઉત્સાહભરે ભાગ લેતા જોઈ અમે પણ આનંદીત થઈએ છીએ.

વર્ષોથી તમારા સમર્પણ, સમય અને મદદ માટે તમામ ટ્રસ્ટીઓ અંતરથી આભાર માને છે.

શ્રી પ્રજાપતિ સમાજ, લેસ્ટરના વર્ષ ૨૦૨૩-૨૪ની સેક્રેટરી ટીમ,  
વિનોદભાઈ, કલ્પનાબેન અને શારદાબેનના જયશ્રી કૃષ્ણ.



Shree Prajapati Samaj Leicester would like to provide an opportunity and recognise any members, especially young adults, who are working or volunteering in the Leicester community. We also want to recognise any YOUNG members who through dedication, hard work and commitment have achieved significant milestones or positions in their career. Please let us know as we can recognise individuals in this newsletter, and most importantly it can become an inspiration to our younger members to strive for something different or encourage them to participate in our Samaj.

## Leicester Community Links Brief: Taruna Mistry

Namaste I am the CEO of Leicester Community Links (LCL) which is a community organisation based in Leicester.

LCL is a not-for-profit Social Enterprise focusing on delivering wellbeing projects and, in particular, supporting better physical and mental health in diverse communities in Leicester.



I started LCL in March 2020 as I felt there was a need for more awareness on keeping active and talking about our mental health

and overcoming cultural challenges to receive the right support. We hold regular well-being walks, activity sessions and have a community gardening group in Belgrave. We also hold regular health workshops and climate awareness sessions.

The last 6 months have been a whirlwind of television interviews, awards and recognition for the impact our services are making. We have delivered over 120 key well-being activities supporting physical and mental health. Working with our stakeholders, we are making a real difference in addressing well-being in diverse communities and having brave conversations on health and lifestyles.

Our group has been awarded the following:

- Queens Platinum Jubilee award for our community projects
- Our volunteers have been recognised with a Kings Coronation Champion Award
- We were finalists in the National Lottery Peoples Project awards 2023

As I write this, we have been informed we are finalists in the Voluntary Action Leicester and Leicestershire awards 2023 for the best Social Enterprise in Leicester and Leicestershire, not bad for a year's work!

We even had a celebrity drop by to our



community hub! Chigs (Chirag) Parmar who was a finalist in the BBC Bake off series 2021, dropped by to our hub to talk about his mental health journey and how baking helped him.

Looking ahead, we are making a video on the health journeys of our volunteers with a local filmmaker to capture their experience and we are hoping to develop further work on men's mental health.

Thank You,  
Taruna Mistry

If you would like to be involved with any of our projects, please have a look at our website: <https://www.leicestercommunitylinks.co.uk> or call us on 07368 873569 for a chat.

# SPAL REGULAR ACTIVITIES

PLEASE CHECK OUR SOCIAL MEDIA/WEBSITE/WHATSAPP GROUP FOR THE LATEST INFORMATION OR CONTACT YOUR RESPECTIVE GROUP

## Ladies Keep Fit & Zumba

Monday

7:00pm – 8:00pm

COST: £2.00 per person

GROUP LEADS: Anitaben/Hemaben/Sonal

CONTACT NUMBER: 07912 564808



Come and join or simply turn up with a bottle of water and a smile. All ages and abilities welcome. Classes are enjoyable, fun and a great way to keep fit and mobile. Lucy, our excellent Instructor plays a range of Bollywood/Pop music, includes a 15-minute tone up/down.

## Table Tennis

Monday and Wednesday

7:00pm – 8:30pm

GROUP LEADS: Jayeshbhai/Pravinbhai

CONTACT NUMBER: 07795 275466



## Youth Club

Tuesday

7:00pm – 8:00pm

GROUP LEAD: Neel Mistry

## Darts

Tuesday

7:00pm – 8:30pm

GROUP LEADS: Shashibhai/Rajnibhai

CONTACT NUMBER: 07903 037821



## Keep Fit/Yoga Daytime Activity

Wednesday

Time: 10:30am – 11:30am

GROUP LEADS: Bhanuben/Ranjanben/Pushpaben

CONTACT NUMBERS: 07981 806766/07713 800820



## Suthar Workshop

Every other Wednesday

7:00pm – 8:30pm

GROUP LEADS: Manharbhai, Rameshbhai, Shashibhai, Vinodbhai

Contact any group leader to join the WhatsApp group and get all the information on each session and tutorials



Exercise not only changes your body, it changes your mind, your attitude and your mood.



## Yoga For Everyone

Wednesday

Time: 7:15pm – 8:30pm (on Zoom)

GROUP LEADS: Harishbhai/Jitubhai

CONTACT NUMBERS: 07801 773714/07982 260176



## Cricket

Wednesday

Please check with SPAL Cricket Club

GROUP LEAD: Akshaybhai

CONTACT NUMBER: 07753 492371



## Men's Keep Fit - Everyone Welcome

Thursday

Time: 7:00pm – 8:00pm

GROUP LEADS: Mukeshbhai/ Anilbhai

CONTACT NUMBER: TBD



## Bhajans

Saturday

Time: 6:30pm – 9:30pm

GROUP LEADS: Balwantbhai/Naynaben

CONTACT NUMBERS: 07934 671191/ 0116 2915576



## Senior Lunch Club

Once a Month on Wednesday

(Dates confirmed on website and Whatsapp Group)

Time: 10.30am – 2.30pm

Cost: £3.50 per person

GROUP LEADS: Hansaben/Shashibhai

CONTACT NUMBERS: 07957 507532/0790 3037821

Senior members are invited to delicious vegetarian lunch, mingle with friends/family.

Enjoy activities such as Bhajans, light exercise, card games etc. Places are limited so please register your name.

Special events and day outs are also going to be arranged, so get your name on the WhatsApp group for all the details.

સમાજના વરિષ્ઠ સભ્યોને લંચ માટે આમંત્રિત કરવામાં આવે છે. આ કલબમાં ભાગ લઈ તમે સ્વાદિષ્ટ શાકાહારી ભોજનનો આનંદ માણો. મિત્રો અને પરિવાર સાથે મળી ભજન, હળવી કસરતો, અનેક પ્રકારની પત્તાની રમત જેવી પ્રવૃત્તિમાં ભાગ લઈ મનને પ્રફુલ્લિત કરો.

જગ્યાઓ મર્યાદિત હશે એટલે કૃપા કરી તમારું નામ જલ્દીથી નોંધાવતા રહેશો.

દર મહિના ત્રીજા બુધવારે

'વેબસાઈટ' અને 'વ્હોટ્સ' એપ ઉપર તારીખ જણાવવામાં આવશે

સમય: સવારે ૧૦.૩૦ થી બપોરે ૨.૩૦ સુધી

ગ્રુપ લિડર: હંસાબેન ( 07957507532) અને શશીભાઈ( 07903037821)



# Religious Festivals at the Samaj during 2024

Saturday 13th January	Makar Sankranti	6:30pm – 9:30pm	Bhajan, Dhun & Aarti (8:30 pm)
Saturday 24th February	Shree Vishvakarma Jayanti	6:30pm – 9:30pm	Bhajan, Dhun & Aarti (8:30 pm)
Friday 8th March	Maha Shivratri	5:30pm – 9:30pm	Shiv Pujan, Bhajan, Dhun & Aarti (8:30 pm)
Wednesday 17th April	Ram Navmi	5:30pm – 9:30pm	Ram Janmotsav, Pujan, Bhajan, Dhun, Thal, Aarti (8:30 pm) Darshan & Prasadi
Saturday 27th April	Hanuman Jayanti	2:00pm – 10:00pm	51 Hanuman Chalisa, Bhajan, Dhun, Thal & Arti
Sunday 12th May	Shree Bhuneswari Rudhra Abhishek	8:30am – 2:00pm	Pujan, Abhishek, Thal, Aarti & Mahaprasad
Saturday 20th July	Guru Purnima	6:30pm – 9:30pm	Guru Pujan, Bhajan, Dhun Thal & Aarti (8:30 pm)
Wednesday 14th August	Nori Nem	5:30pm – 9:00pm	Pujan, Story, Thal & Aarti (7:00 pm) Bhojan Prasadi
Sunday 18th August	Shree Satyanarayan Bhagwan Samuh Katha	8:30am – 3:00pm	Pujan, Kataha, Bhajan, Dhun Thal & Aarti, Bhojan Prasadi
Monday 26th August	Janmashtami Shree Krishna Jayanti	5:30pm – 9:30pm	Pujan, Bhajan, Dhun Thal & Aarti (8:30 pm) Rass Garba
Wednesday 4th September	Ganpati Choth	6:00pm – 9:30pm	Poojan, Bhajan, Dhun Thal & Aarti (8:30 pm)
Saturday 28th September	Sarva Pitru Shradh	6:30pm – 9:30pm	Bhajan, Dhun, Thal & Aarti (8:30 pm)
Thursday 3rd October	Navratri Gatsthapan	5:30pm – 10:00pm	Mataji Gatsthapan Puja & start of Navratri
Sunday 13th October	Mataji's Haven	8:30am – 3:00pm	Pujan, Havan, Bhajan, Dhun, Aarti & Maha Prasad
Saturday 2nd November	Nutan Varsh Sneha Milan	10:00am – 11:00am	Aarti & Milan (Aarti 10:30am)
Saturday 9th November	Jalaram Jayanti & Ankut Darshan	9:00am – 3:00pm	Pujan, Bhajan, Dhun, Aarti (12:30 pm) & Prasad

## Additional Information

For Further details on the religious festivals taking place at our Samaj, or if you wish to take part as Yajman, or organise Bhajans, please contact:

Naynaben N Mistry  
Ranjanben D Mistry  
Balwantbhai Lad  
SPA Leicester

Tel: 0116 291 5576  
Tel: 0116 266 1279  
Tel: 0116 299 1513  
Tel: 0116 262 8560 (Mon-Fri 7:00pm – 8:00pm)



# સમાજમાં ૨૦૨૪ વર્ષના ઉત્સવો અને તહેવારો

શનિવાર ૧૩ જાન્યુઆરી	મકર સંક્રાંતિ	સાંજે ૬.૩૦ થી ૮.૩૦	ભજન, ધૂન અને આરતી (સાંજે ૮.૩૦)
શનિવાર ૨૪ ફેબ્રુઆરી	શ્રી વિશ્વકર્મા જયંતિ	સાંજે ૬.૩૦ થી ૮.૩૦	ભજન, ધૂન અને આરતી (સાંજે ૮.૩૦)
શુક્રવાર ૮ માર્ચ	મહા શિવરાત્રિ	સાંજે ૫.૩૦ થી ૮.૩૦	શિવપૂજન, ભજન, ધૂન, અને આરતી (સાંજે ૮.૩૦)
બુધવાર ૧૭ એપ્રિલ	રામ નવમી	સાંજે ૫.૩૦ થી ૮.૩૦	રામ જન્મોત્સવ, પૂજન, ભજન, ધૂન, થાળ આરતી (સાંજે ૮.૩૦), દર્શન અને પ્રસાદી
શનિવાર ૨૭ એપ્રિલ	હનુમાન જયંતિ	બપોરે ૨.૦૦ થી ૧૦.૦૦	૫૧ હનુમાન ચાલીસા, ભજન, ધૂન, થાળ અને આરતી
રવિવાર ૧૨ મે	શ્રી ભુવનેશ્વરી રૂદ્ર અભિષેક	સવારે ૮.૩૦ થી બપોરે ૨.૦૦	પૂજન, અભિષેક, થાળ, આરતી અને મહાપ્રસાદ
શનિવાર ૨૦ જુલાઇ	ગુરુ પૂર્ણિમા	સાંજે ૬.૩૦ થી ૮.૩૦	ગુરુપૂજન, ભજન, ધૂન, થાળ અને આરતી (સાંજે ૮.૩૦)
બુધવાર ૧૪ ઓગષ્ટ	નોળી નેમ	સાંજે ૫.૩૦ થી ૮.૦૦	પૂજન, વાર્તા, થાળ અને આરતી (સાંજે ૭.૦૦) ભોજન પ્રસાદી
રવિવાર ૧૮ ઓગષ્ટ	શ્રી સત્યનારાયણ ભગવાનની સમુહકથા	સવારે ૮.૩૦ થી બપોરે ૩.૦૦	પૂજન, કથાસ ભજન, ધૂન, થાળ અને આરતી, ભોજનપ્રસાદી
રોમવાર ૨૬ ઓગષ્ટ	જન્માષ્ટમી શ્રી કૃષ્ણ જયંતી	સાંજે ૫.૩૦ થી ૮.૩૦	પૂજન, ભજન, ધૂન, થાળ, અને આરતી (સાંજે ૮.૩૦), રાસ ગરબા
બુધવાર ૪ સપ્ટેમ્બર	ગણપતિ ચોથ	સાંજે ૬.૦૦ થી ૮.૩૦	પૂજન, ભજન, ધૂન, થાળ અને આરતી (સાંજે ૮.૩૦)
શનિવાર ૨૮ સપ્ટેમ્બર	સર્વપિતૃ શ્રાદ્ધ	સાંજે ૬.૩૦ થી ૮.૩૦	ભજન, ધૂન, થાળ અને આરતી (સાંજે ૮.૩૦)
ગુરુવાર ૩ ઓક્ટોબર	નવરાત્રિ ઘટસ્થાપન	સાંજે ૫.૩૦ થી ૧૦.૦૦	માતાજી ઘટસ્થાપન પૂજા અને નવરાત્રિ આરંભ
રવિવાર ૧૩ ઓક્ટોબર	માતાજીનો હવન	સવારે ૮.૩૦ થી બપોરે ૩.૦૦	પૂજન, હવન, ભજન, ધૂન, આરતી અને મહાપ્રસાદ
શનિવાર ૨ નવેમ્બર	નૂતનવર્ષ રોગેહ મિલન	સવારે ૧૦.૦૦ થી ૧૧.૦૦	આરતી અને રોગેહ મિલન (આરતી સવારે ૧૦.૩૦)
શનિવાર ૯ નવેમ્બર	જલારામ જયંતિ અને અક્ષકૂટ દર્શન	સવારે ૮.૦૦ થી બપોરે ૩.૦૦	પૂજન, ધૂન, થાળ અને આરતી

## વિશેષ માહિતી:

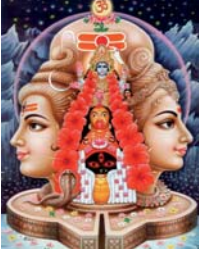
ઉપરોક્ત ધાર્મિક કાર્યક્રમનો પૂજનવિધિનો વધુ માહિતો માટે અથવા વજમાન પદે બિરાજવા ઈચ્છતા હો અથવા ભજન કરાવવા હોવ તો નીચેના નંબર પર સંપર્ક કરવા વિનંતી છે.

નવનાબેન એન. મિસ્ત્રો ટે. ૦૧૧૬ ૨૯૧ ૫૫૭૬

રંજનબેન ડૉ. મિસ્ત્રો ટે. ૦૧૧૬ ૨૬૬ ૧૨૭૯

બળવંતભાઈ લાડ ટે. ૦૧૧૬ ૨૯૯ ૧૫૧૩

સમાજની ટે. ૦૧૧૬ ૨૬૨ ૮૫૬૦ (સોમ-શુક્ર ૭:૦૦-૮:૦૦)

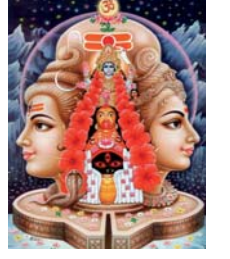


# મહાશિવરાત્રિ પર્વ

## ૐ નમઃ શિવાય

મહાવદ તેરસ, શુક્રવાર તા. ૮ માર્ચ ૨૦૨૪

સમય: સાંજે ૫.૩૦ થી રાત્રે ૯.૩૦



પ્રિય જ્ઞાતિજનો,

સહર્ષ જલાપતા આનંદ થાય છે કે પરમ કૃપાળુ પરમાત્મા ભગવાન શ્રી સદાશિવની અસીમ કૃપાથી મહાશિવરાત્રિ પર્વ પાવન કલ્યાણકારી પ્રસંગે શ્રી પ્રજાપતિ કોમ્પ્યુનિટી સેન્ટર, અલ્પર્સકોફ્ટ રોડ, લેસ્ટર ખાતે ઉપરોક્ત દિવસે અને સમયે ‘શિવરાત્રિ’નું મંગલ આયોજન કરવામાં આવેલ છે. આ પાવનકારી દિવ્ય ધાર્મિક કાર્યક્રમમાં પૂજનવિધિના મુખ્ય તેમજ પેટા યજમાન પદે બિરાજવા જે કોઈ જ્ઞાતિજનોની ઇચ્છા હોય તેમણે નીચે જણાવેલ કાર્યકર્તાને સંપર્ક કરવા વિનંતી છે.

મહાશિવરાત્રિ એટલે ભગવાન શંકર દ્વારા જ્યોતિર્મય લગરૂપે પ્રગટ થયાની રાત્રિ આખા વર્ષમાં આખી રાત્રિ ઉજવાતી એક માત્ર રાત્રિ. આ તિથિ વ્રતરૂપે ઉજવવી. આ વ્રતમાં ઉપવાસ, પૂજન, જપ, ભજન અને જાગરણ કરવાથી અનોખું પૂણ્ય પ્રાપ્ત થાય છે. આ વ્રત સર્વોત્તમ ગણાય છે. શિવત્વ પ્રાપ્ત કરવાની, અંધકારભર્યા જીવનમાં પ્રકાશ પામવાની, આત્માને પરમાત્મામાં લીન કરવાની રાત્રિ એટલે મહાશિવરાત્રિ. શિવના વિધિસર પૂજનથી સમસ્ત ઇચ્છાઓ સફળ થાય એવું શાસ્ત્રોક્ત વચન છે. પૂજન વિધિ બાદ ભજન-કિર્તનનો કાર્યક્રમ રહેશે. તો સર્વ પરિવારોને પધારી ભાગ લેવા હાર્દિક નિમંત્રણ છે. આ કાર્યક્રમની સાથે ભાંગની પ્રસાદીની પણ વ્યવસ્થા કરવામાં આવેલ છે.

**યજમાનોએ લાવવાની સામગ્રી:** ૧ ગણપતિની મૂર્તિ, ૧ શિવલીંગ, ૧ નાળિયેર, ૨ થાળી, ૨ વાટકી, ૩ ચમચી, ૧૦ નાગરવેલના પાન, ૧ કળશ, ૨ તરભાણ, ફળ, ફૂલ, દૂધ, પ્રસાદી અને રૂમાલ.

<b>કાર્યક્રમ:</b>	૫.૩૦ થી ૭.૩૦	શિવપૂજન
	૭.૩૦ થી ૮.૦૦	શિવ ચાલીસા, હનુમાન ચાલીસા
	૮.૦૦ થી ૯.૦૦	ભજન
	૯.૦૦ થી ૯.૩૦	થાળ, આરતી અને પ્રણામ

## Maha Shivratri Celebrations

Friday 8th March 2024

5:30 pm – 9:30 pm

Maha Shivratri is a Hindu festival celebrated every year in reverence of Lord Shiva. There are many legends that are associated with the celebration of Maha Shivratri.

Shivratri is considered especially auspicious for women. It is believed that anyone who utters the name of Shiva during Shivratri with pure devotion, your wishes will be fulfilled.

All members and their families are cordially invited to attend this program.

<b>Programme:</b>	5.30 pm to 7.30 pm	Shiv puja
	7.30 pm to 8.00 pm	Reciting Shivchalisa & Hanumanchalisa
	8.00 pm to 9.00 pm	Bhajan, Dhun
	9.00 pm to 9.30 pm	Thal, Arti and Darshan.

Anyone wishing to be Yajman at the Shiv puja should bring the following items: One Ganapati Murti,

One Shivling, one coconut, two thalis, two small bowls, three spoons, fruits, napkins, flowers, milk, Parsad, ten betel leaves and Panchamrut.

**Member wishing to be Yajman for this auspicious religious event or for further information contact: Naynaben N Mistry: 0116 291 5576 or Ranjanben D Mistry: 0116 266 1279**



# શ્રી રામ નવમી

ચૈત્ર સુદ નોમ બુધવાર ૧૭ એપ્રિલ ૨૦૨૪

સમય: સાંજે ૫.૩૦ થી રાત્રે ૯.૩૦



## ભગવાન શ્રી રામચંદ્રજીનો જન્મોત્સવ ॥ શ્રી રામચંદ્ર ચરણૌ શરણમ્ પ્રપદ્યે ॥

માનનીય જ્ઞાતિજનો,

સહર્ષ જણાવતા આનંદ થાય છે કે શ્રી રામચંદ્ર ભગવાનની અસીમ કૃપાથી આ વર્ષે પણ મર્યાદા પુરૂષોત્તમ ભગવાન શ્રી રામચંદ્રનો જન્મોત્સવ આપણા શ્રી પ્રજાપતિ કોમ્યુનિટી સેન્ટર ખાતે ઉપરોક્ત દિવસે અને સમયે ઉજવવામાં આવશે. આપણે સહુ રામભક્તોની સાથે ભગવાન શ્રી રામચંદ્રજીના પાવન ચરણોમાં શ્રદ્ધાના પુષ્પો પધરાવીએ અને શ્રી રામચંદ્રજીની પ્રેરણા લઈ તેમના જેવા આદર્શ ગુણો જીવનમાં સંપાદન કરીએ. આ પ્રસંગે થનારી પૂજનવિધિના ચજમાન પદ માટેનો લ્હાવો લેવાની ઇચ્છા હોય તેમણે નીચે જણાવેલ કાર્યકર્તાનો સંપર્ક કરવા વિનંતી છે. આપ સર્વને શ્રી રામચંદ્રજીના જન્મોત્સવના દર્શન કરવાનું હાર્દિક આમંત્રણ પાઠવીએ છીએ.

**લાવવાની સામગ્રી:** ૧૦ પાન, ૧ નાળિયર, ફુલ, ફુટ, પંચામૃત, ૧ ગણેશ મૂર્તિ, એક લક્ષ્મી નારાયણ મૂર્તિ, ૨ પ્લેટ/થાળી, બે વાટકા, બે ચમચી અને એક કળશ.

કાર્યક્રમ સવારે:	૫.૩૦ થી ૭.૦૦	પૂજન
	૭.૦૦ થી ૭.૩૦	જન્મોત્સવ
	૭.૩૦ થી ૮.૩૦	ભજન
	૮.૩૦ થી ૯.૩૦	થાળ, આરતી અને પ્રણામ

## Shree Ram Navmi

Wednesday 17th April 2024 5:30pm – 9:30pm

### Celebration of the Birth of Lord Rama

Ram Navami is a festival that celebrates the birth of Lord Rama, the son of King Dasharath and Queen Kaushalya of Ayodhya. He was born on the ninth day (Navami) of the waxing moon in the month of Chaitra (March/April). Lord Rama is an Avatar of Lord Vishnu who came down to earth to battle the invincible Ravana (the king of Lanka).

Bhagwan Rama's primary message is:

**Fulfil your duty without any selfish motives; put other people before yourself.**

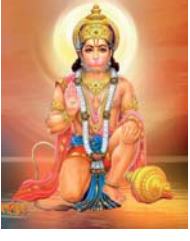
When he was exiled to the forest, Bhagwan Rama did not complain, rather, he helped his father fulfil a promise; he lived according to his duty as a son and as a future king. He did not once think about himself, his own comforts, and his own "rights". Rather, he abided by his dharma and his duty. Let us all put flowers of faith at the holy feet of Lord Rama and take inspiration and acquire qualities in life like him.

<b>Programme:</b>	5:30pm to 7:00pm	Pujan
	7:00pm to 7:30pm	Janamotsav (birth celebration)
	7:30pm to 8:30 pm	Bhajan, Dhun
	8:30pm to 9:30pm	Thal, Arti and Darshan.

**Puja items to bring: 10 Pan, 1 Coconut, Flowers, Fruits, Panchamrut, One Ganesh Murti, One Laxmi Narayan Murti, two plates/Thali, two bowls, two spoons and one Kalash loto.**

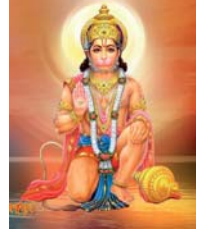
**Everyone is invited to take part in the festival.**

**Member wishing to be Yajman for this auspicious religious event or for further information contact: Naynaben N Mistry: 0116 291 5576 or Ranjanben D Mistry: 0116 266 1279**



# શ્રી હનુમાન જયંતિ

શનિવાર તા. ૨૭ એપ્રિલ ૨૦૨૪  
સમય: બપોરના ૨.૦૦ થી રાત્રે ૧૦.૦૦



શ્રી ગુરુ ચરન સરોજ રજ નિજ મન મુકુર સુધારિ - I  
બરનઉ રઘુવર બિમલ જસુ જો દાયક ફલ ચારિ - II  
બુદ્ધિહીન તનુ જાનિકૈ, સુમિરૌ પવનકુમાર - I  
બલ, બુદ્ધિ વિદ્યા દેહુ મોહિ, હરહ કલેસ વિકાર - II

પ્રિય જ્ઞાતિજનો,

સહર્ષ જણાવતા આનંદ થાય છે કે શ્રી હનુમાનજી મહારાજની અસીમ કૃપાથી શ્રી રામના પરમ ભક્ત શ્રી હનુમાનજીની જન્મ જયંતિ નિમિત્તે શ્રી પ્રજાપતિ કોમ્યુનિટી સેન્ટર ખાતે ૫૧ શ્રી હનુમાન ચાલીસા પાઠ તેમજ ભજન ધુનના કાર્યક્રમનું આયોજન કરવામાં આવેલ છે. આ પવિત્ર પ્રસંગમાં આપ સર્વને પધારવા નમ્ર વિનંતી છે. સાથે અલ્પાહારની પણ વ્યવસ્થા કરવામાં આવેલ છે.

લાવવાની સામગ્રી: ૧ શ્રીફળ અને ફુલ

કાર્યક્રમ:	૨.૦૦ થી ૭.૩૦	હનુમાન ચાલીસાના પાઠ
	૭.૩૦ થી ૮.૦૦	ભજન, ધુન
	૮.૦૦ થી ૧૦.૦૦	થાળ, આરતી અને પ્રણામ

## Shree Hanuman Jayanti

**Saturday 27 April 2024; 2:00 pm - 10:00 pm**

### Celebration of the Birth of Hanuman

Hanuman Jayanti is a festival to celebrate the birth of Hanuman who is worshipped throughout India. Hanuman Jayanti is celebrated during the month of Chaitra (March/April) to venerate Hanuman who was an ardent devotee of Rama. Hanuman is the embodiment of strength, energy and resourcefulness.

Shree Hanuman is worshipped by people to attain knowledge, wisdom, strength and valour.

Hanuman Jayanti is celebrated with recitation of the Hanuman Chalisa (51 verses praising Hanuman Charit Manas).

Everyone is invited to attend this holy occasion at Shree Prajapati Community Center.

Prasad and snacks will be arranged.

<b>Programme:</b>	2.00 pm to 7.30 pm	Recital of Hanuman Chalisa (51 times)
	7.30 pm to 8.00 pm	Bhajan & Dhoon
	8.00 pm to 10.00 pm	Thall, Aarti , Darshan and Prasadi.

**Puja items to bring:** 1 Coconut and Flowers.

**Member wishing to be Yajman for this auspicious religious event or for further information**  
**contact: Naynaben N Mistry: 0116 291 5576 or Ranjanben D Mistry: 0116 266 1279**





# શ્રી ભુવનેશ્વરી મહાદેવ રૂદ્ર અભિષેક

## રવિવાર તા. ૧૨ મે ૨૦૨૪

### સમય: સવારે ૮.૩૦ થી બપોરે ૩.૦૦ વાગ્યા સુધી

સસ્નેહ સર્વ ધર્મ પ્રેમી ભાઈ-બહેનો અને બાળકોને જણાવતા આનંદ અનુભવીએ છીએ કે, ભગવતી શ્રી ભુવનેશ્વરી માતાજીની અસીમ કૃપાથી તેમજ જગદ્ગુરુ બ્રહ્મલીન પૂજ્ય આચાર્ય શ્રી ચરણતીર્થ મહારાજની દિવ્ય પ્રેરણાથી લેસ્ટરમાં શ્રી પ્રજાપતિ કોમ્યુનિટી સેન્ટરમાં. આ દિવ્ય અભિષેક દર્શનનો લાભ લેવા માટે આપ સર્વને પધારવા નિમંત્રણ પાઠવીએ છીએ.

આ અભિષેક દરમ્યાન ડો. રવિદર્શનજી (શ્રી ભુવનેશ્વરી પીઠ - ગોંડલ) પધારશે અને સર્વ ભક્ત સમુદાયને આશીર્વાદ અને આધ્યાત્મિક માર્ગદર્શનનો અમૂલ્ય લાભ આપશે. આ અનુપમ પ્રસંગનો લાભ લેવા આવા ઉત્તમોત્તમ ધર્મકાર્યમાં સહભાગી બની પુણ્ય પ્રાપ્ત કરવા સર્વ સહકુટુંબ મિત્રમંડળ સહિત અવશ્ય પધારશો.

આ સમૂહ અભિષેકમાં મુખ્ય યજમાન અને પેટા યજમાન પદે બેસવાની વ્યવસ્થા કરવામાં આવી છે. જેમને યજમાન પદે બિરાજવાની ઈચ્છા હોય તેમણે નીચે જણાવેલ કાર્યકર્તાઓનો સંપર્ક કરી વહેલી તકે નામ નોંધાવી દેવા વિનંતી કરવામાં આવે છે. શ્રી ભુવનેશ્વરી પીઠ, ગોંડલના ધાર્મિક કાર્યક્રમના આ વરસે શ્રી પ્રજાપતિ તરફથી ૨૧ વરસ થાય છે. આ પ્રસંગે આપ સર્વને પધારવાનું ભાવભીનું આમંત્રણ છે. સમૂહ અભિષેકની પૂર્ણાહુતિ બાદ મહાપ્રસાદની વ્યવસ્થા કરવામાં આવેલ છે.

જો યજમાનોને નીચે બેસી યજ્ઞમાં ભાગ લેવાની તકલીફ હોય તેમના માટે તેમને અનુરૂપ વ્યવસ્થા કરી આપવામાં આવશે.

લિ. કાર્યવાહક સમિતિ, શ્રી પ્રજાપતિ સમાજ, લેસ્ટર.

**સંપર્ક:** શ્રીમતી નયનાબેન એન. મિસ્ત્રી ૦૧૧૬ ૨૯૧ ૫૫૭૬  
શ્રીમતી રંજનબેન ડી. મિસ્ત્રી ૦૧૧૬ ૨૬૬ ૧૨૭૯

#### ખાસ નોંધ:

૧. અભિષેકમાં માત્ર બે વ્યક્તિ એક સ્થાને બિરાજી શકશે.
૨. અભિષેક દરમ્યાન હેલ્થ અને સેફ્ટીનો ખ્યાલ રાખવો જરૂરી છે.
૩. યજમાનોએ લાવવાની સામગ્રી: નાગરવેલના પાન (૧૦), આરતીની થાળી, દીવો (૧), થાળી (૪), વાટકી (૪), ચમચી (૪), તાંબાનો કળશ (૧), શ્રી ગણપતિની મૂર્તિ (૧), સુખડી, પ્રસાદ, ફળ, ફુલ, તુલસી પાન, કેસર, અગરબત્તી, દિવાસળી, દૂધ, તાંબાની તરભાણી (૨), બેસવા માટે આસન, નેપકીન અને કિચન ટાવલ, શિવલીંગ, બીલીપત્ર, પંચામૃત .

#### કાર્યક્રમ:

સવારે ૮.૦૦	યજમાનોએ હાજર થવું
૮.૩૦	પૂજા, અભિષેક, થાળ, આરતી અને પૂર્ણાહુતિ
૧.૦૦	ડો. રવીદર્શનજીનું પ્રવચન અને આર્શિવચન
૧.૩૦	દર્શન, પ્રણામ અને ભોજનપ્રસાદી



## Shree Bhuvaneshwari Mahadev Rudhra Abhishek

Sunday, 12th May 2024 Time: 8.30am till 3.00pm



We have great pleasure in informing you that, with the blessings of Bhagwati Shree Bhuvaneshwari Mataji and Jagadguru Bramlin Pujya Acharya Shree Charantirth Maharaj's divine inspiration we have organized Shree Bhuvaneshwari Rudhra Abhisekh in the presence of Adhyaksh Shree Dr. Ravindersanji (from Shree Bhuvaneshwari Pith, Gondal, India) in our Community Centre.

Everyone is cordially invited to attend this holy event on this auspicious occasion and thereafter to Darshan, Pranam and Maha Prasadi. Arrangements have been made for the devotees to sit as Yajman. Anyone wishing to sit as Yajman is requested to contact:

Naynaben N Mistry: 0116 291 5576 or Ranjanben D Mistry: 0116 266 1279

#### Note:

1. Only two Yajman will be able to sit beside each place of Puja
2. Health & Safety is to be observed at all times.
3. Yajman will have to bring following items for Puja: Nagervale Pan (10), Arti Thali, Divo (1), Thali (4), Vatki (4), Small spoons (4), Copper Kalash (1), Shree Ganapati's murti (1), Prasad, Some fruit and loose flowers, Tulsi Pan, Kesar, Agarbati, Match Sticks, Milk, Copper Plate (2), Cushions for sitting, Napkin and Kitchen Towel, Shiv Ling, Billi Patra, Panchamrut.

#### Programme:

8.00 am	Yajman to arrive
8.30 am	Puja, Abhishek, Thal, Aarti and Completion
1.00 pm	Dr. Ravidersanji Discourse
1.30 pm	Darshan, Pranam and Bhojan Prasadi

# SPA International Trust Fund (SPAITF)

Namaste everyone,

The SPAITF trustees continue to work hard approving education grant for students in India and looking at assisting other worthy charitable causes.

## Student Grant Update

During the meeting in April 2023:

- 40 Applications (21 new and 19 repeat) were reviewed.
- New Applications: 9 were rejected as they did not meet ITF criteria and 12 were approved.
- Repeat Applications: 5 were rejected as they did not meet ITF criteria and 14 were approved.

The students were sponsored for courses ranging from Medical, Mechanical, Electrical, Chemical, Information Technology, Aeronautical and Civil Engineering

- Total grant of £4,675 was approved by the Trustees.

The next meeting will be held in November 2023 and the outcome of this will be reported next year.

## India Covid 19 fund update

Over £70k was donated by our generous members and all but £12,250 was distributed to those affected in Gujarat. Following consultation with branch members the remaining funds were redistributed as below:

- DGPHT - £5,000
- Widows (food or cash) - £5,000
- Popatbhai Foundation - £2,250

## Daxin Gujarat Prajapati Healthcare Trust – DGPHT

SPA UK charity of the year for 22-23 and 23-24. The total funds raised to date is £26,245.70 and fundraising will continue until March 2024.

Leicester branch held Sponsored Bhajans and sponsored Zumba (Monday and Wednesday Keep-fit groups) to raise funds for DGPHT.

Participants raised an astonishing £3781.34. during this round of fundraising and £1187.00 during the first round of fundraising making a grand total of £4968.34.

On behalf of SPAL trustees I would like to say a huge thanks to everyone that took part in the fundraising, your generosity is greatly appreciated! If any member would like to sponsor a student for education in India, please contact me.

Finally, I would like to encourage members to come and train with me so you can learn what the SPAITF role involves and take part, and hopefully take over so I can have a well-deserved break. Interested? Please contact myself.

Jai Shree Krishna and Happy New Year

Hansaben S Mistry  
SPAL SPAITF TRUSTEE





# SPAL – ACTIVITY AND EVENT REPORTS

## Senior Lunch Club

It will be one year since we launched the Seniors Lunch Club, and what can we say...it has grown from 62 people to an average of 110 enjoying themselves each month.

As well as enjoying hot food, vadilios also take part in various activities arranged by the lunch club volunteers, such as bingo, antakshri, Mr & Mrs Game etc...

They also listened to talks about dementia, celebrated various



birthdays, anniversaries as well as remembering the dearly departed. We have had extremely positive

feedback from all. We are planning more relevant information events, as well as days out and other activities.

We would like to say thanks to all the volunteers for their dedicated support and the generous members for sponsoring/donating towards the lunch clubs.

Jai Shree Krishna  
Seniors lunch club volunteers team.



Seniors Garba 18th October 23

## Darts

It's great to see members returning to one of their pastimes, playing darts and socialising every Tuesday evening. Attendance is excellent, with new members joining this year. If you are interested, please come along and join us.



Special thanks to team members, who not only come and play, but help out throughout the year at various Samaj events, including fundraising events.

This year we assisted SPA UK in organising a brilliant Darts Tournament, raising funds for DGPACT. With other branches,



we raised over £2,000! This would not be possible without the help from all our volunteers and organising team. Special thanks to

Dhirubhai for preparing the delicious food!

Jai Shree Krishna.  
Shashibhai R Mistry (Darts Co-Ordinator)



## Youth Club

The youth club was only run once during October and then closed to accommodate Navratri preparation and events. It then resumed again on Tuesday 7th November. During Navratri, the youth helped with serving parshad, coordination of the Aatham arti and assisted the cricket team, as well as serving food at Mataji's Havan.



One main thing for the youth is to start the Tuesday Youth club activities on a regular basis and continue into 2024.

At the monthly SPA UK Youth Meeting I had proposed that we should organise the SPA UK Cricket tournament. Kamleshbhai (SPA UK President), indicated

that SPA UK HQ support the idea, hence we have started to look for a potential date in August 2024 and a venue.

## Mahila

Namaste and Happy New Year

Thank you all for supporting the Mahila trustee team, myself as the Mahila Trustee and Padmaben H and Padmaben B as Mahila Assistant Trustees over the last year. Special thanks to Padmaben B. who has joined the Trustees team last year. Without your continued help, efforts, and encouragement we would not have been able to do the wonderful work as a team at the Samaj.



We would also like to say thank you to Naynaben for her support as a Mahila assistant over the last few years, where her help and advice has been very much appreciated.

Naynaben, has now taken on the role of Religious Trustee and we wish her all the best in her new role. Over the year, the Mahila's have helped the Religious Team during various religious



events. We also held the amazing ladies night on Saturday 25th March, with over 400 ladies

enjoying the night with family and friends to great music by DJ Naz and DJ Tim. The night included tasty food, various stalls, and a Rickshaw photo booth. The evening raised £577 from raffle sales, which was donated to the Endometriosis Charity.



Senior Samelan 2023 was held in Birmingham (Sunday 21st May) it was about pre and post-retirement planning, cybercrime, and bank fraud. A coach full of senior members attended the event which they thoroughly

enjoyed. Mahila ladies from Leicester did a Garba-fit item on the day demonstrating that keeping fit can be done in the comfort of your home, to your favourite music and wearing clothes you are comfortable in.

Continued...



Mahila Samelan was held on Sunday 25th June, in Leicester, hosted by London branch. About 200 of our Mahila's attended the event. Topics discussed included information about STROKE, Healthy Hearts, and marriages. Various performances from different branches were also presented. Nikitaben Prajapati and her daughter, Meera (from Leicester) performed a dance, which was enjoyed by everyone.



A group of ladies from Leicester had the responsibility of front desk ticket collection, Parsad distribution, helping with breakfast, aarti distribution and raffle sale. Thank you to all the ladies that helped on the day.



Indian afternoon tea at Café Delhi on Saturday 8th July, enjoyed by the all Mahila that attended, giving them the opportunity to relax and have some fun after all the help and volunteering they have done throughout the year for our samaj.



On Saturday 29th July we held our Mahila bhajans for Macmillan Cancer Support, with about 120 people attending we raised £1076.25, thank you.

Over 75 people took part in the 5km charity walk on Saturday 16th September from Watermead country park, around the Leicester canals, the National Space centre, and Belgrave Locks, finishing with a lovely picnic. We raised over £2265 from the JustGiving page and donations on the day.

During Navratri and on the Mahila Garba evening we raised funds for the Diwali Basket Brigade (£485). In addition, donations (£45.25) were collected for the Macmillan Cancer Support who attended our Navratri event on Friday 20th October, thank you to everyone who donated.



Throughout Navratri we had help from the youth, with setting up and giving out the Parsad every day. They also helped with setting up the 108 Aarti plates during the Aatham Aarti, thank you.



Diwali Manoranjan will be held on Sunday 26th November, with members young and old taking part in various items from singing,

dancing, instrumentals and acting.

If you would like to volunteer for any events during the year, please speak to the Mahila trustees. We also have a Mahila WhatsApp group to keep you up to date with SPAL and SPA UK events, information, and activities. If you

would like to be added to the group, please contact the Mahila trustees.



We look forward to seeing you all at future SPA Leicester events.

Mina, Padmaben B and Padmaben H

## Religious Events

Namaste and Jai Shree Krishna

This is my second time serving as a Religious Trustee, this time starting from June 2023. My Assistant Ranjanben and I are enjoying our role. The role is tough but with the help and support from all the Trustees, Mahila Group, SHED team and the bhajan mandal and our religious team committee members we were able to celebrate all our religious event successfully.

Special thanks goes to all our volunteers without whom we would not be able to hold all these events and have them go so smoothly. Thank you to all our members for your continued support and help during all events.

Ranjanben and I would like to wish you all a Very Happy New Year and Nutan Varsha Abhinandan.

During 2023 we have celebrated all our numerous regular religious events, in addition to holding bhajans every week on Saturdays. When we practice bhajan, we are also doing the Hanuman Chalisa.



To make all our future events successful, Ranjanben and I request that all members come and participate. If you or your family would like to participate as Yajman during the puja, please provide your names to us.

This year, during Navratri we hired Sajan Celebration group who provided the music and songs which based on your feedback was enjoyed by all. A new calendar of events for 2024 has been provided in this Newsletter, please take a look at the schedule of events and make a note in your dairies and make every effort to attend. We look forward to meeting you all.



Thank you again to all the Trustees, Mahila and volunteers for your support and hope you continue to provide such support throughout the coming year.

Jai Shree Krishna  
Naynaben N. and Ranjanben D.



# ધાર્મિક પ્રવૃત્તિનો અહેવાલ

નમસ્તે અને જયશ્રી કૃષ્ણ

જુન ૨૦૨૩થી બીજીવાર મને ધાર્મિક ટ્રસ્ટી બની સેવા કરવાની તક મળી છે. રંજનબેની સહાય સાથે અમે અમારી સેવાનું કામ કરી રહ્યા છીએ. આ કામ સહેલું નથી પરંતુ તમામ ટ્રસ્ટીઓ, મહિલા ગ્રુપ, ભજન મંડળ અને અમારી ધાર્મિક ટીમના સભ્યોની મદદ અને સમર્થનથી અમે અમારા બધા પ્રસંગોને સફળતા પૂર્વક ઉજવી શક્યા છીએ. અમે એ બધા સ્વયંસેવકોનો આભાર માનીએ છીએ. તે ઉપરાંત આપ સર્વ સભ્યોનો પણ આભાર માનીએ છીએ. દર શનીવારે ભજનનું આયોજન થાય છે, તેમા ભાગ લેવા ઉપરાંત કોઈપણ ધાર્મિક કાર્યક્રમમાં યજમાન બનવા અમને તમારા નામ આપશો.

આ વર્ષે નવરાત્રિ દરમિયાન ' સાજન સેલિબ્રેશન 'ની સેવાનો લાભ લીધો હતો જેમણે તમારા મન પસંદ રાસ, ગરબા અને ગીત સંગીત પિરસ્યા હતા. આ ન્યુઝલેટરમાં 'ઈવેન્ટસ કેલેન્ડર' આપવામાં આવ્યું છે, જેમાં એક નજર નાંખી તમારી ડાયરીમાં નોંધ કરી લેશો અને તે ઈવેન્ટમાં હાજરી આપવા પ્રયત્ન કરશો. અમે તમને મળવા માટે આતુર છીએ.

આપ સર્વનો ફરીથી આભાર માનીએ છીએ.

નયનાબેન અને રંજનબેનના જયશ્રી કૃષ્ણ.



Satya Narayan Katha



Ganpati Choth



Nutan Varsha Sneha Mila

Janmasthmi





# SPAL - SHED Report

## Navratri group selection

Navratri 2023 planning started early in January where we started the process of recruiting for a group to perform during our Navratri festival. The Trustees based Navratri groups recommendation agreed to go with Sajan Celebrations, they have proved to be a fantastic selection and they got better each day during Navratri.

To bring the whole event together it took a dedicated team of Trustees and volunteers. These tasks were covered by lead volunteers to plan for and during the event from setting up the main hall, the many religious tasks, Mahila volunteer tasks, conducting risk assessments and organising security, First Aid and refreshments. Without everyone's organisations and help it would not be a success that it was.

## Bradford Samaj 40th Anniversary celebrations

Bradford Samaj celebrated their 40th Anniversary (Pran Pratiksha) on Saturday 19th August. SPAL organised a coach trip as part of our religious activities. A wonderful day was had by those that attended with activities and celebrations held in Bradford city centre.

## Scotland Trip

Early in the year we decided to organise a trip to Scotland in September 2023. We organised the trip months ahead, a group of 49 members/ none members signed up for the trip. The trip was organised in association with Serene Holidays. We were blessed with very good weather and managed to visits some wonderful sites. We had some fantastic pictures opportunities.



The trip started with a stop at Lake Windermere for lunch and a boat cruise on the lake. Day two started with a hearty breakfast then on to Lock Lomond for a boat cruise.

A visit up to Ben Nevis via cable car, the views on route and on top were super amazing. One proud moment was to sing the India's National Anthem...wow what an experience. We had

plenty of stops for photo opportunities on route.

On the third day the first stop was at the Helix Park, home of The Kelpies (the largest equine sculptures in the world). This was followed by an additional boat trip

(sponsored by SPAL) on the Falkirk Wheel, the world's only rotating boat lift. After a wonderful morning we went on to Edinburgh's Royal Mile before returning back to Glasgow. That evening was made extra special by a garba evening, organised by our tour representative Rashilaben.

Our trip was thoroughly enjoyable and we all gelled wonderfully as one big family. Thanks to Rashilaben at Serene Holidays for such an enjoyable trip, to the ladies for helping to prepare the snacks for our journey and to Vinodbhai & Rameshbhai for their support

both before and during the trip. Their help was most appreciated.







## Navratri 2023



## Mataji's Havan





# National Hindu Students Forum: Navratri Celebrations.

Shree Prajapati Association Leicester (SPAL). Hosted one of the largest student Garba Nights, organised by the National Hindu Students Forum. Over 1200 students gathered under one roof. Shared love and passion for Garba was evident on the night and created a 'home away from home' feeling throughout the night.

SPAL was chosen as the venue for the Central Zone students of the NHSF. It proved to be perfect setting, as it was already adorned with Maa Durga's Murti.



ITV television crew acknowledged and respected the cultural and religious event as they live streamed the night allowing viewers

to connect, and interviewed some committee members that shared their experiences and the positive impact of such an event on the community. It was great as the students were attired in traditional Indian clothes.

South Asian Health Action (SAHA) local Leicester based charity were also present and provide vital information on diabetes, kidney diseases and organ donation, with aim to raise awareness especially among the south Asian students. The event was a catalyst for positive change in our community.



Jayan Mistry  
Central Zone Team Member.



## International Day of Yoga 2024

COME AND CELEBRATE INTERNATIONAL YOGA DAY  
AT THE SHREE PRAJAPATI COMMUNITY CENTRE  
ULVERSCROFT ROAD, LEICESTER. LE4 6BY

- Friday 21st JUNE 2024
- Time: 5:00pm to 9:00pm (Provisional)
- Entrance Fee: £2.00 Per Person
- Please Bring your own mats. A light snack will be available after the yoga session

Note: This event is very popular, over 100 people attended in 2023 (SPAL members and guests from the wider community). Yoga can be carried out using a mat or a chair for those who are unable to sit on the floor. There is a limited space, to avoid disappointment, please purchase your ticket in advance, no tickets available to purchase on the day.

Further Details of the event will be given on our website and events page via Facebook





# International Yoga Day

International Yoga Day was on Wednesday 21st June, we had over 120 people take part in the yoga. We were graced by the presence of Sadhvi Devvani and Sadhvi Devaditi from Patanjali Yog Peeth on the day. Delicious Parsad was prepared by the Mahila's, which was enjoyed by everyone who attended the event.



## Social Media and On Site Information

### Drop in to the Centre:

Mondays and Wednesdays between 7.00pm and 8.00pm or Saturdays between 7.00pm and 9.00pm (at the Bhajan sessions) and find out what activities are going on and keep up to date with forthcoming events.

Check out our website for our latest events and activities. If you have any suggestions for content or improvement to the site. Please use the contact details on the website to inform us.

TWITTER: Send a message or start a discussion; Twitter name for Spa Leicester is [@spaleicester](#)

INSTAGRAM: Photo/video sharing social networking: Instagram name SPA Leicester is [Instagram@spaleicester](#)

EMAIL: [Leicester@shreeprajapati.org.uk](mailto:Leicester@shreeprajapati.org.uk) Stay in touch and get email copies of the SPA Leicester publications via email.

SPAL WEBSITE: [www.shreeprajapati.org.uk](http://www.shreeprajapati.org.uk) live and full of amazing information and pictures of all our events.

FACEBOOK PAGE: <https://www.facebook.com/pages/Shree-Prajapati-Association-Leicester-news-events/180631021994774>

To help save our environment and reduce paper waste, we encourage our members to receive all future SPAL publications electronically.

We therefore ask every member to supply their email details to the secretary at: [Leicester@shreeprajapati.org.uk](mailto:Leicester@shreeprajapati.org.uk)

Address changes: Please inform the Secretary of your new address and include the following details: full name, old address, new address, contact number and email address

Shree Prajapati Association Leicester  
Presents

# Ladies Night

**Saturday 18th May 2024 ~ 7:00pm - Late**

**DJ Music, Veg and Non-Veg meal included**

*Information of the ticket price and when they will be on sale will be announced in the New Year*

**For further information please contact;** Mina Mistry, Naynaben Mistry, Padmaben H Mistry, Indiraben Mistry, and Padmaben B Mistry

**Or email – [Mahila@shreeprajapati.org.uk](mailto:Mahila@shreeprajapati.org.uk)**

# SPAL Memories

Trustees would like to showcase some of our great past achievements and memories.

If you have any pictures or stories from years gone by, please send it via email to [Leicester@shreeprajapati.org.uk](mailto:Leicester@shreeprajapati.org.uk) FAO the secretary. (or pass the actual photo's to any trustees and we will scan them and return the originals to you).

Let us make this a regular feature of our Newsletter with your photo's and stories.

Thanks To Arvindbhai Govindbhai Mistry for the following Pictures



One of the best ways to make yourself Happy in the present is to recall HAPPY TIMES FROM THE PAST.

Photos are a great memory-prompt, because we tend to take photos of happy occasions, they weight our memories to the Good. (Gretchen Rubin).



# SPAL Board of Trustees 2023-2024



**Kantibhai D Mistry**  
**President**



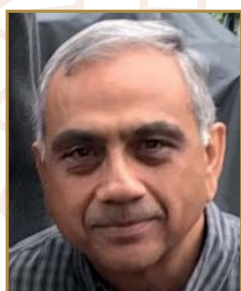
**Nilesh D. Mistry**  
**Vice President**



**Balwantbhai Mistry**  
**Treasurer**



**Arvindbhai P Mistry**  
**Assistant Treasurer**



**Vinodbhai G Mistry**  
**Secretary**



**Kalpanaben C Mistry**  
**Assistant Secretary**



**Shardaben Lad**  
**Assistant Secretary**



**Hetal Mistry**  
**SHED (Social Health & Education)**



**Indiraben N Mistry**  
**Assistant SHED**



**Akshaybhai Prajapati**  
**Facilities**



**Dhirubhai Mistry**  
**Assistant Facilities**



**Bhanuben Mistry**  
**Facilities Admin Ass.**



**Shashibhai Mistry**  
**Assistant Facilities**



**Amratbhai Mistry**  
**Assistant Facilities**



**Naynaben N. Mistry**  
**Religious**



**Ranjanben D. Mistry**  
**Assistant Religious**



**Rameshbhai Mistry**  
**Governance**



**Hasubhai B. Mistry**  
**Assistant Governance**



**Minaben Mistry**  
**Mahila**



**Padmaben H. Mistry**  
**Assistant Mahila**



**Padmaben B. Mistry**  
**Assistant Mahila**



**Neel Mistry**  
**Youth**



# SHREE PRAJAPATI ASSOCIATION LEICESTER



800 capacity function hall available as a blank canvas with licenced bar and secure parking for upto 250 cars for any events:

**WEDDINGS - ENGAGEMENTS - RECEPTIONS - BIRTHDAYS -  
CONFERENCES - MEETINGS - CONCERTS**



Tailored packages to suit - for further details contact (or visit in person)  
**Shree Prajapati Community Centre, Ulverscroft Road, Leicester, LE4 6BY**

**Tel:** 0116 2628560

**Email:** leicester@shreeprajapati.org.uk

**Website:** [www.shreeprajapati.org.uk](http://www.shreeprajapati.org.uk)

Monday 7:30pm - 8:30pm

Wednesday 7:30pm - 8:30pm

or phone the site to make an appointment

Other community activities in the evening at the centre include: ladies keep fit, men's keep fit, youth club, darts club, table tennis and yoga